AUTUMN/ WINTER MENU 2026

FRESH!

NUTRITIOUS

Chartwells Schools

OUR SCHOOL MEALS AT A GLANCE

We believe school meals should be nutritious, varied and enjoyable – helping every child feel fuelled, focused and ready to learn.

Nutritious and Balanced

- ☑ Our Autumn/Winter menu provides balanced, tasty and nutritious meals for pupils
- ☑ Meals are carefully balanced with carbohydrates, protein and healthy fats to support wellbeing
- ☑ Menus offer variety, colour and familiar seasonal dishes that appeal to pupils

Fresh and Varied

- ☑ Fresh fruit and vegetables are available daily to encourage nutrient dense plates
- ☑ A wide variety of colourful vegetables are offered each week, including seasonal choices where possible

Standards You Can Trust

- ☑ All menus are developed in line with the School Food Standards
- ☑ No Food Standards Agency (FSA) prohibited additives are used in our meals
- ☑ Meat dishes meet Government Buying Standards (GBS) requirements
- ☑ Oily fish is included, in accordance with the School Food Standards

Something for Everyone

- ☑ Vegetarian options are available every day, with plant-based dishes featured across the menu cycle
- ☑ Allergy Aware and bespoke menus are available to support pupils with specific dietary needs

Healthier Choices

- ☑ Wholegrain carbohydrate options are regularly included, such as wholemeal bread, wholegrain rice and wholewheat pasta
- ☑ Ingredients and recipes meet, or are below, Public Health England targets for sugar and salt

TASTY

FRUITY!

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AUTUMN/WINTER 2026

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HOT DISHES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	**Cheese and Tomato Pizza** with Nut-Free Pesto Pasta (V) (Wholegrain)	**Jerk Chicken** with Rice and Peas	**Roast Chicken** with Roast Potatoes, Stuffing and Gravy	**Lasagne** with a Garlic Doughball (Wholegrain) (Nutritionist's Choice)	**Southern Fried Chicken** with Chips
OPTION 2	**Creamy Garlic Pasta** (V)	**Bean and Cheese Pastry Turnover** with Herby Diced Potatoes (V)	**Sweet Potato and Chickpea Roast** with Stuffing and Gravy (VE) (Nutritionist's Choice)	**Yellow Vegetable Curry** with Wholegrain Rice (VE) (Wholegrain) (Nutritionist's Choice)	**Quorn Dippers** with Chips (VE)
OPTION 3	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

DESSERT	**Lemon Cookie** (VE)	**Yoghurt & Fruit** (Fruity!) (Nutritionist's Choice)	**Apple Crumble** with Custard (Fruity!) (Nutritionist's Choice)	**Jam Slice**	**Flapjack**

TASTY

FRUITY!

W/C: 02/11/2026, 23/11/2026, 14/12/2026, 04/01/2027, 25/01/2027, 15/02/2027, 08/03/2027, 29/03/2027, 19/04/2027

WEEK 1
WEEK 2
WEEK 3

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES With a choice of topping (V) (Oily Fish)

(V) Vegetarian (VE) Vegan (Oily Fish) Oily Fish (Fruity!) Fruity! (Wholegrain) Wholegrain (Nutritionist's Choice) Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

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AUTUMN/WINTER 2026

FRESH! NUTRITIOUS TASTY FRUITY!

Chartwells Schools

HOT DISHES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	**Cheese and Tomato Pizza** with Nut-Free Pesto Pasta (V) (Wholegrain)	**Chicken Tandoori** with Wholegrain Rice and Chota Naan	**Roast Chicken** with Mashed Potato, Yorkshire Pudding and Gravy	**Katsu Chicken** with Wholegrain Rice (Wholegrain)	**Fish Fingers** with Chips
OPTION 2	**Chinese Vegetable Rice** (V)	**Beany Vegetable Burger** with Herby Diced Potatoes (V)	**Roast BBQ Quorn** with Mashed Potato, Yorkshire Pudding and Gravy (V)	**Vegetable Korma** with Wholegrain Rice (VE) (Wholegrain) (Nutritionist's Choice)	**Quorn Dippers** with Chips (VE)
OPTION 3	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
DESSERT	**Yoghurt & Fruit** (Fruity!) (Nutritionist's Choice)	**Lemon Drizzle Cake**	**Apple and Berry Crumble** with Custard (Fruity!) (Nutritionist's Choice)	**Jam and Coconut Sponge**	**Yoghurt and Fruit** (Fruity!) (Nutritionist's Choice)

W/C: 09/11/2026, 30/11/2026, 21/12/2026, 11/01/2027, 01/02/2027, 22/02/2027, 15/03/2027, 05/04/2027

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES With a choice of topping (V) (Oily Fish)

WEEK 1
WEEK 2
WEEK 3

(V) Vegetarian (VE) Vegan (Oily Fish) Fruity! (Wholegrain) Nutritionist's Choice

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AUTUMN/WINTER 2026

FRESH! NUTRITIOUS TASTY FRUITY!

Chartwells Schools

HOT DISHES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	**Cheese and Tomato Pizza** with Nut-Free Pesto Pasta V, Wholegrain	**Beef Meatballs in Tomato Sauce** with Wholewheat Pasta Wholegrain	**Roast Chicken** with Mashed Potato, Yorkshire Pudding and Gravy	**Beef Bolognese** with Wholewheat Pasta Wholegrain, Nutritionist's Choice	**Fish Fingers** with Chips
OPTION 2	**Beany Chilli with Baked Nachos** with Wholegrain Rice VE, Wholegrain, Nutritionist's Choice	**Chinese Vegetable Noodles** V, Nutritionist's Choice	**Quorn Roast** with Mashed Potato, Yorkshire Pudding and Gravy V	**Macaroni Cheese** V	**Veggie Fingers** with Chips VE
OPTION 3	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta V, Wholegrain	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta V, Wholegrain	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta V, Wholegrain	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta V, Wholegrain	**Tomato Pasta** Fresh, homemade Tomato Sauce with Penne Pasta V, Wholegrain
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
DESSERT	**Strawberry Jelly** with Fruit VE, Fruity!	**Berry Blondie**	**Chewy Muesli Fruit Bar** VE, Nutritionist's Choice	**Apple and Golden Syrup Sponge** with Custard	**Yoghurt and Fruit** Fruity!, Nutritionist's Choice

W/C: 16/11/2026, 07/12/2026, 28/12/2026, 18/01/2027, 08/02/2027, 01/03/2027, 22/03/2027, 12/04/2027

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES With a choice of topping V, Oily Fish

V Vegetarian VE Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1
WEEK 2
WEEK 3

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